

RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

Join us!

Free and Open to the Public

FILM SCREENING AND COMMUNITY CONVERSATION

When:

August 26
10 a.m. - 12 p.m.

Where:

Virtual Event

Registration:

<https://www.research.net/r/AlexandriaVA-ResilienceScreening>

Questions?

RAISE@alexandriava.gov

RESILIENCE is a one-hour documentary that delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent Toxic Stress. Now understood to be one of the leading causes of everything from heart disease and cancer to substance misuse and depression, trauma in childhood can alter brain development and have lifelong effects on health and behavior. However, as experts and practitioners are proving, what's predictable is preventable.

For reasonable disability accommodation,
contact maurice.tomdio@alexandriava.gov
or 571.384.5244, Virginia Relay 711.

